

Ella Beaumont

How do you book me?

Call: **07570949200** Email: ella@ebeemedia.co.uk
www.ebeemedia.co.uk



Full-time wheelchair user (From Birth)

Fun, Sporty and Adventurous

Specialist Disability Fitness advisor

Retired GB wheelchair basketball player

Academic:

- BSc (Hons) in sports coaching science with disability studies
- Level 3 Personal Trainer

About Me:

Hi, I'm Ella, a motivational speaker with a diverse background in sports, fitness and lived experience of a disability. My workshops are designed for specific year groups and feature a practical sport element, allowing students to engage in hands-on learning. By focusing on disability, inclusion, and Paralympic sport, I aim to unlock the power of understanding and inclusion in your school. Through inspiring presentations, I encourage both students and educators to embrace diversity, foster mutual respect, and cultivate a tolerant environment. These workshops highlight the challenges faced by individuals with disabilities while celebrating their incredible achievements in Paralympic sports. Students are empowered to become advocates for change, promoting empathy, teamwork, and respect. Ultimately, I can help your school cultivate a culture of equality and inclusivity, ensuring every student feels valued and motivated to reach their full potential.

Whether your goal is to:

- Unlock the power of inclusion.
- Increase understanding about disability, inclusion, and Paralympic sport.
- Inspire students and educators to embrace diversity and foster an inclusive environment.
- Cultivate the objective of equality and adopt a culture of inclusivity
- Highlight the challenges faced by individuals with disabilities
- Empower students to become advocates for change

My specialties

- Assemblies
- Q+A's
- Targeted Year Group Workshops
- Practical Workshops
- Staff Training
- Team Building

Prices:

***All Prices include access to an archive of Free, online, inclusive workouts.**

Bronze	Silver	Gold	Additional Services
Assembly followed by a Q+A (Maximum 2 hours) £100	Half a day Assembly, Q+A and practical workshop £150	Whole Day Assembly, Q+A with several classes and practical workshop. £200	1 hour Staff Training 'Inclusivity in sport' £80