

Growing Coaching Opportunities in Hertsmere



Through the Active Local programme in Cowley Hill, Herts Sport & Physical Activity Partnership (HSP) has been working to strengthen the local coaching workforce and increase opportunities for young people to take part in sport and physical activity. By supporting coaches and local clubs, the programme is helping create more engaging and accessible activities for the community.

In partnership with Table Tennis England and Hertsmere Womens Table Tennis Club (HWTTTC), the project provided coaches with opportunities to develop their knowledge and confidence. Workshops, mentoring and practical training sessions helped coaches enhance their delivery, creating more engaging table tennis sessions for young people and local residents.

The programme also helped build stronger links between clubs, schools and community organisations across Hertsmere. By encouraging collaboration and shared learning, partners have been able to improve the quality of local sessions and support more people to get active in their community.

Showcasing Coaching in Action

A showcase session delivered with Hertsmere Women's Table Tennis Club and Table Tennis England brought coaches and players together for a high-quality coaching experience. Led by Evie Collier, Coach Learning and Development Manager at Table Tennis England, the session supported the development of emerging coaches while engaging 37 local residents, helping strengthen both the local coaching workforce and community participation in table tennis.



“ Three strong partners, one shared vision HWTTTC, Active Local Cowley Hill and Table Tennis England building a healthier, more active community.

Delphine Ighile
Hertsmere Table Tennis Club

