



Connecting Hertfordshire's Sport & Physical Activity Organisations

More People **More Active** **More Often**

Hozah Parking



Hozah Parking System at UH.

£2 – Pay as You Go.

Deadline is 11.59pm tonight.

Parking sheets around the room for further information.

Welcome



Background

- Established in 2003
- One of 43 Active Partnerships in the Active Partnership Network
- Countywide remit
- Core funding received from Sport England and Local Authorities
- Work with a wide range of stakeholders, partners and organisations
- High performing Active Partnership
- Based at the University of Hertfordshire



Herts
Sport &
Physical
Activity
Partnership

OUR VALUES UNDERPINNING EVERYTHING WE DO

Proactive

Reliable

Inclusive

Collaborative

Environmentally Sustainable

Our long-term Mission



Working strategically and collaboratively to improve the lives of the people of Hertfordshire, by using the power of sport and physical activity to tackle inequality and disadvantage.

Our Strategic Objectives

- ▶ Community Sport & Physical Activity Sector
- ▶ Covid Recovery
- ▶ Physical Activity for Health and Wellbeing
- ▶ Sport for Social Change
- ▶ Stronger Communities
- ▶ Active Environments

Long Term Outcomes

- ▶ Increased activity levels
- ▶ Reduction in inactivity levels
- ▶ Reducing the inequality gap between those who are least active and those who are most active.
- ▶ Our ability to positively transform lives through sport and physical activity.

Vision



More People



More Active



More Often

Fit for purpose workforce

Fit for purpose organisation

Insight led

System change

Embracing technology & innovation

ENABLERS OF CHANGE

Community Sport & Sports Welfare



Charlie Mann

Community Sport & Sports Welfare



- Club & Organisational Development
- Funding Support & Income Generation
- Coaching & Workforce
- Welfare

Club & Organisational Development

Challenges

- **Funding & Income Generation**
- **Workforce – Recruitment & Retention**
- **Marketing & Promotion**
- **Governance**

- Club Forums
- Clubs Conference
- Relationship Building
- Networking Opportunities
- Ad hoc/Tailored Support
- Access to nationally recognised organisations



Funding & Income Generation

- Funding Matters Newsletter
- SNAP Sponsorship
- EasyFundraising
- Grassboots
- The Giving Machine
- Funding 4 Sport



Coach Education Week 2025

17th - 23rd February 2025

A week of CPD including:

- ✓ Expert-led Workshops
- ✓ Accredited Courses
- ✓ Sector Leading Organisations
- ✓ Practical Training Sessions

Scan for full
programme
here



Herts Sport & Physical Activity
Partnership

Sport Welfare Officer Network

Providing free, local and professional support for Club Welfare Officers

Our Universal Offer is:



Connect - We provide ways for you to connect with other club volunteers.



Offer support - We offer 1-2-1 bespoke support and can work with you to reflect on your club's practices and create a safer and more inclusive culture.



Raise awareness - We can attend events to raise awareness about welfare with parents, carers and participants. We can support you to share campaigns and best practice in your club.



Enable - We can provide, or signpost you to training and learning, to help you create a safer, more inclusive club.

Scan the QR code to find out more



Live Longer Better



Charlotte Bird

Live Longer Better in Hertfordshire.

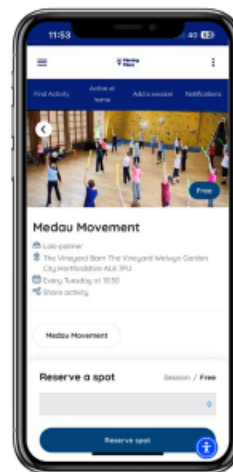
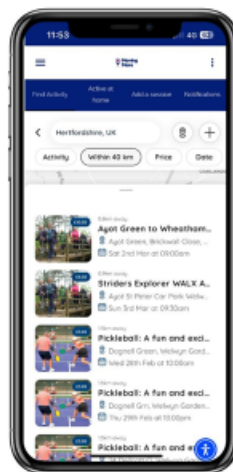
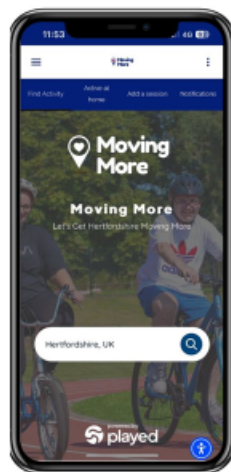
The county wide Movement enabling older adults to live longer, healthier and happier lives

Producing newsletters, webinars & community events for ageing well.
Upskilling the physical activity sector to be inclusive to those with health conditions.

In partnership with Stevenage Football Club Foundation, delivering a countywide Strength & Balance programme to reduce falls and improve wellbeing.

Professionally written bids for VCFSE organisations to support community active ageing projects – over £500,000 funding secured so far.

Moving More,
Hertfordshire's activity
finder, encouraging
exercise signposting.
www.movingmore.co.uk



Join the revolution.

How can I get involved?

Live
Longer
Better.
in Hertfordshire

How to join the Revolution.

STEP 1. Register

Visit www.livelongerbetterinherts.co.uk or scan the QR code to register. You will receive an email giving access to the online portal.

http://



STEP 2. Learn

Watch the 12 lessons in your own time, each video is roughly 5 minutes each and assignments are optional.



STEP 3. Feedback

Complete the feedback forms to receive your Live Longer Better in Hertfordshire Certificate and Champions polo shirt.



STEP 4. Champion

You are now part of a mission that creates a culture of enablement! Help spread the Live Longer Better culture within your day to day activities or volunteering.



Join the Revolution.
Become a Champion.

Are you passionate about changing societies perception of ageing?

This online training covers the principles to living longer, healthier and more independent lives through the power of physical activity, social inclusion and improving mental wellbeing.

This funded course is free to access for Herts based professionals & volunteers



Scan the QR code to sign up!

Moving More

Tom Horey



**Moving
More**

What is Moving More?

Moving More is a project seeking to improve awareness and uptake of physical activity opportunities in Hertfordshire.

Powered by HSP, Moving More is a standalone website promoting local opportunities to be physically active, including the Moving More Activity Finder tool.

Three key project outcomes:

1) For residents, or those working with them:

Improving awareness and uptake of physical activity opportunities around them

2) For providers of physical activity opportunities:

Providing greater reach to local communities, including social and clinical referrals

3) For everyone

Overcoming issues related to static activity directories (i.e. dated information)

What's involved in Moving More?

1. Activity Finder

Harnessing Open Data to collate all 'in person' activities in the county into one simple search

2. Moving More at Home

A collection of resources to help people be active from home

3. Information for Professionals

Including resources for both physical activity and healthcare professionals

4. Moving More Stories

Aiming to inspire others by spotlighting good practice

5. Moving More Web-based App

A web-based mobile application which channels the main functions of the Moving More website

6. Moving More website Widgets

Enabling partners to host a window to the activity finder from their own websites



Within 40 km Price Date Time of day Age Level Accessibility Gender [Clear all](#)

7596 activities found



£5.00 0.2km away
Walking Football - Stevenage ()
Stevenage Football Academy, Broadwater, Stevenage, Stevenage, UK
Wed 17th Apr at 10:00am



£5.00 0.2km away
Women's Walking Football - Stevenage ()
Stevenage Football Academy, Broadwater, Stevenage, Stevenage, UK
Thu 18th Apr at 20:00pm



Free 1.2km away
parkrun Stevenage
Six Hills Way, Stevenage, UK
Sat 20th Apr at 09:00am



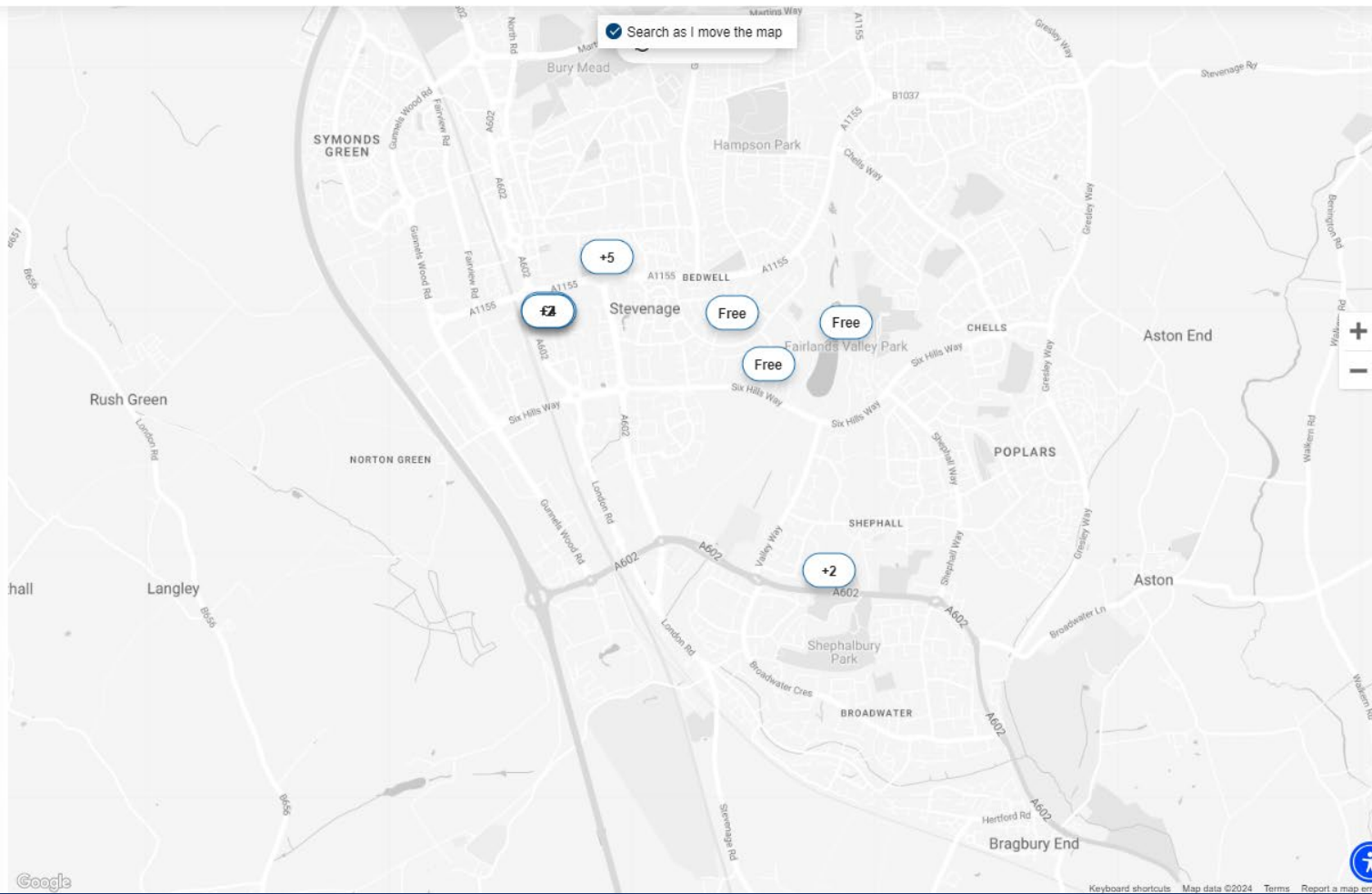
Free 1.4km away
Fairlands Park Stevenage - Health Walk - Grade 1
Costellos Café, Fairlands Valley Park, Six Hills Way, Stevenage SG2 0BL
Wed 17th Apr at 10:00am



Free 1.5km away
Bedwell Community Centre - Health Walk - Grade 1
Bedwell Crescent, Stevenage SG1 1NA, UK
Tue 16th Apr at 10:00am



£3.50 2.2km away
Pickleball Stevenage
Stevenage Arts and Leisure Centre, Stevenage Arts & Leisure Centre, Lytton Way...
Mon 22nd Apr at 11:30am



Reasons to share sessions on Moving More

1. Increase participants attending your sessions

It is estimated that opening session data to Activity Finders can improve participation rates by 10-25%

2. Benefit from healthcare professional referrals

The Activity Finder tool is also becoming a prominent referral resource for community and healthcare professionals that are working with people in your area

3. Increase traffic to your own websites

Moving More isn't replacing your website, its improving awareness of it!

4. The impact of open data

As Moving More uses 'open data' the data for your session shared on the Activity Finder will also allow free marketing into any other activity finder tools

5. Moving More is for you!

The tool is for everyone! Whether you offer one local session or 1000 sessions across the county, free or paid for, specialist or beginner!

6. It's COMPLETELY FREE!

How to get sessions on Moving More

Work with your current booking system provider

Can be as easy as ticking a button to make this data open and appear on the Activity Finder

Use an open data compliant booking platform

You can check the list of booking operators who have opened their data on [Open Active](#)

Upload session information to a free [Open Sessions](#) account

Likely the easiest approach for those that don't have open data compliant booking platform

Find out about uploading your sessions at www.movingmore.co.uk/upload/

Contact the Moving More Team at info@movingmore.co.uk

How else could you be using Moving More?

1. Simply signpost to www.movingmore.co.uk
2. Share Moving More flyers (HSP can provide these)
3. Embed the Moving More widget to your website, [details here](#)
4. Invite HSP to present Moving More to your networks (staff or public)
5. Include Moving More details in any newsletters or communications that you have

Find out more about the above using the [Moving More Partner Toolkit](#)

www.movingmore.co.uk

Herts Sport & Physical Activity Partnership



Innovation Support for Business



Kieran O'Shea

Unique, three-way collaborations powering innovation

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- Government grant funding scheme to allow businesses to access academic expertise
- 3-way collaboration between company, university and exceptional graduate (Associate)
- Associate is employed by the university and based within the company to deliver on in-house project
- Project duration is typically 2-3 years
- Aim is to transfer knowledge from the University and embed it in the company - 'serves to meet a core strategic need and to identify innovative solutions to help that business grow'

Facts and Figures

50 Years

Celebrating 50 years of the programme

800+

KTPs running across the UK at one time

3000

Associates from projects in 10 years

87%

Plan for further collaboration post KTP

£1M+

On average increased gross profit of £1M per year.

92%

knowledge base partners reported enhanced knowledge and understanding of industry challenges

Eligibility – who we want to engage with...



Project must be...

- **Challenge** – for both the academics and the business
- **Innovative** – what is new about this?
- **Impact** – on both the sector and the business
- **Why** – what is the narrative? Why do you want to do this and how does it fit into your business?
- **Commercial** – what are the benefits over 5 years (revenue growth)

Costs

- Costs depend on the size of the company and the Associates salary
- The total cost is approx. £100K p/a
- On average a KTP costs a company £40-45K p/a (the Associate salary may impact the cost to the company)
- The size of the grant is approx. SME 67%, large company 50%
- *Visa charges: UH policy is not to pay for visa costs. These will be paid by the candidate or the company (should they agree to).*

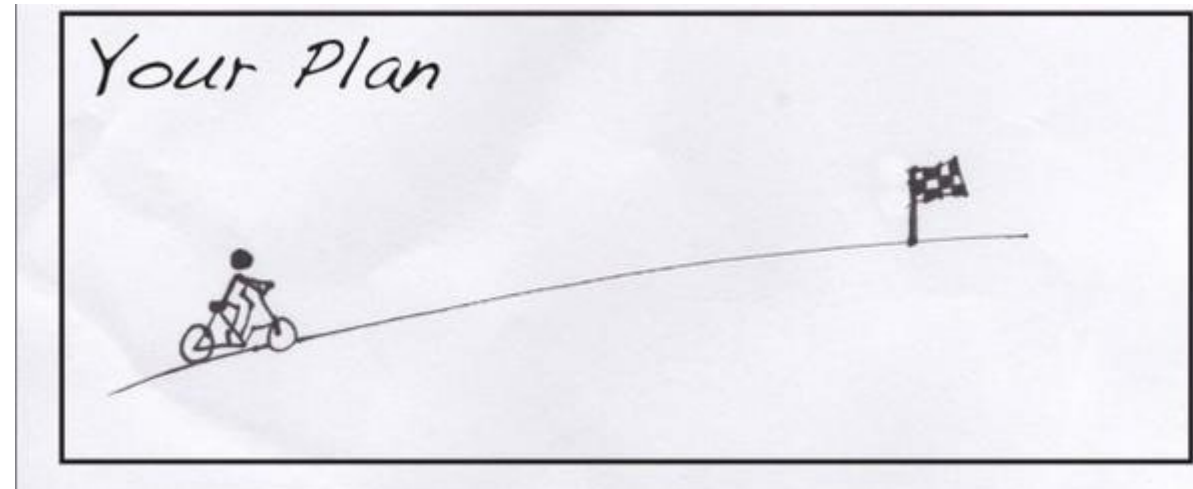
Application Process



Company Benefits



- Access to world-leading academic experts
- 2-3 year duration project
- KTPs are heavily subsidised through Innovate UK
- IP ownership is available to the business
- High success rate (80-90%)
- A strategic business project that helps de-risk innovation and embeds new skills and knowledge in workforce.
- Designed to lead to increase in company profit and job creation.
- Competitive advantage from academic relationships.



Delight Supported Living

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Project description:

- Supporting vulnerable people to live independently by recognising dangerous behaviours and falls which need emergency attention.
- Software embedded system in camera tech using AI and ML techniques to conduct risk human activity recognition.
- Creating alerts when the person in need is in danger.



Subsidised Knowledge Exchange



Subsidised Access to Herts R&D Expertise for High-Growth SMEs

1. KTP Kick Start Programme

Consultancy projects aimed at businesses to develop and test innovative ideas through short-term, impactful projects that will lead to a KTP applicant for a full term KTP (2-3yrs).

- **What's offered:** A tailored support package worth up to **£6k** (with a £1k company contribution) including academic and research assistant's time
- **Focus:** Deliver a short-term project to refine ideas and prepare the company for a **KTP application**.
- **Academic Role:** Provide consultancy to a company to shape their innovation journey and solve real-world challenges.

Subsidised Access to Herts R&D Expertise for High-Growth SMEs

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2. Subsidised Contract Research Programme

Contract research projects to support businesses in achieving a step-change in their R&D capabilities.

- **What's offered:** Companies can access up to £5K subsidy on a project worth up to £10K (e.g. 50% company contribution with max 10% on materials). No capital expenditure.
- **Focus:** Work with a company on their R&D, to develop new products, services, and technologies, or advance current innovations.
- **Academic Role:** Leverage your research expertise, specialist labs and equipment.

Application Deadline: 28th February 2025

[#SPECS, #LMS, #UHBS, #CA #HSK #LAW New Funding Opportunities to Collaborate with Industry We're excited to announce that the Research and Enterprise ...](#)

Thank you

Email: be@herts.ac.uk

Website: <https://www.herts.ac.uk/for-business>

LinkedIn: [University of Hertfordshire Business Zone](#)

Crime Reduction through Sport



Alex Varran

Crime Reduction through Sport

HSP secured funding from the Hertfordshire Police and Crime Commissioner via Home Office funding associated to the statutory duty placed on the County Council around The Serious Violence Duty.

Aiming to enhance service provision through a joined-up approach using evidence-based methodologies, alignment of professional practice, meaningful evaluation and improved access by young people.

Current opportunities:

- Access to the online Dashboard for data / evidence.
- Piloting projects to improve / change / grow the current primary offer, whilst enhancing the secondary / tertiary offer.
- Opportunities to upskill workforce – including during Coach Education Week 2025.



Hertfordshire Community Sport and Serious Violence

Ages 10 - 14
No category selected

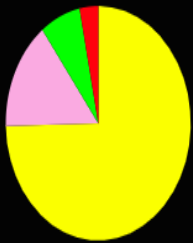
15 - 17 years
No category selected

18+
No category selected

Local Authority
No category selected

Needs Addressed

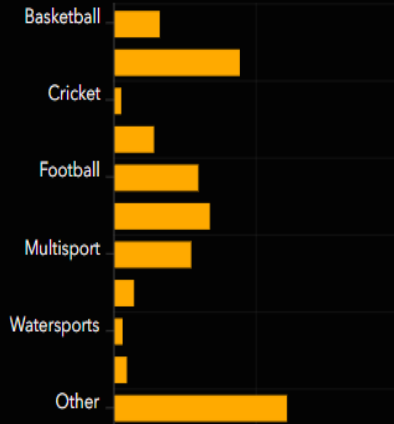
Community Sport Provision



- Primary 75%
- Not Sure 15%
- Secondary 7%
- Tertiary 3%

Sports Delivered

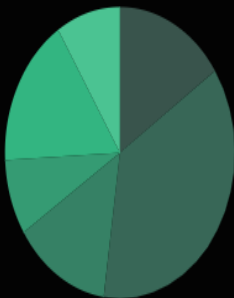
Community Sports Provision



Demographics of Community Sport Provision

Female % Bracket

(n=155) 46% response rate

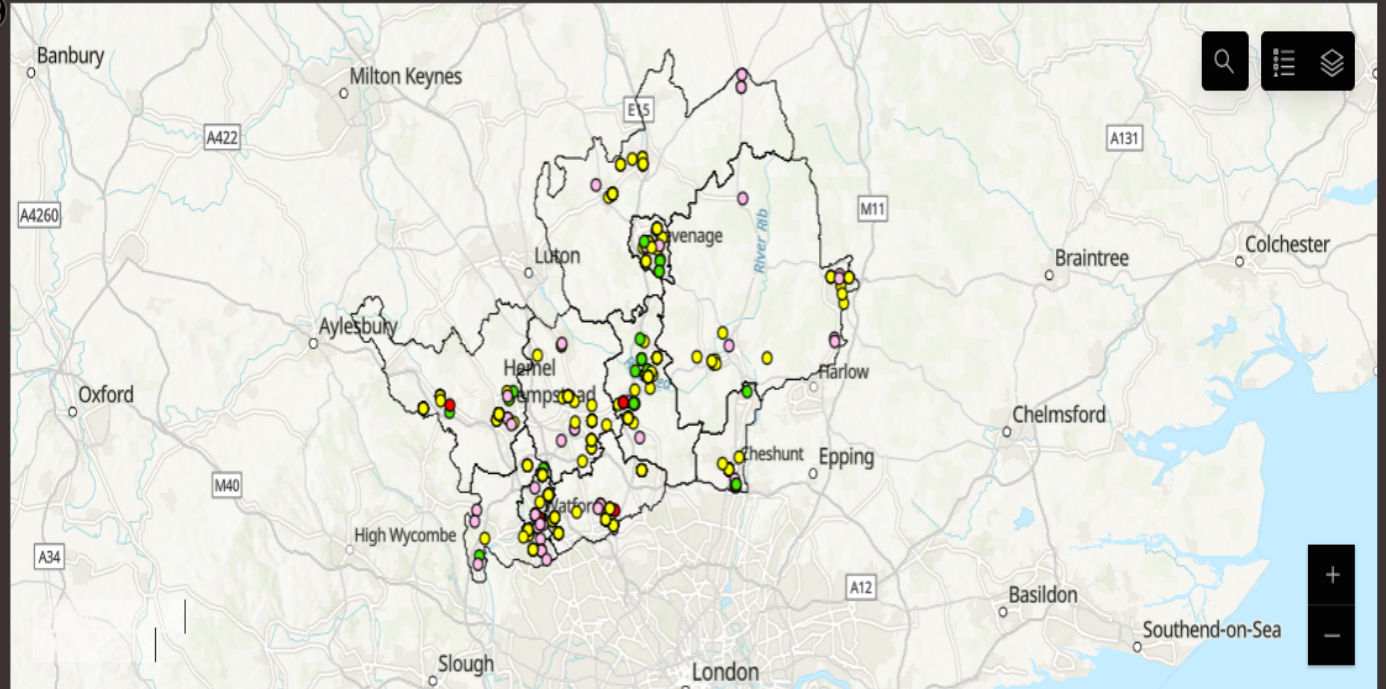


- 0% 15%
- 1-20% 37%
- 21-40% 14%
- 41-60% 8%
- 61-80% 17%
- 81-100% 9%

Female %

IMD Decile

Community Sports Provision



Esri, CGIAR, USGS | Esri UK, Esri, TomTom, Garmin, Foursquare, FAO, METI/NASA, USGS

Powered by Esri

Map

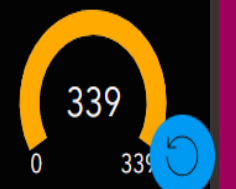
Radius Tool

- SVD Crime Count: Shows the count of Serious Violence Definition crimes occurring between 1st Jan and 31st Dec 2023, per LSOA.
- Shows the Young People Population Size (Ages 10-25) per LSOA.

The coloured 4x4 bi-variate scale shows each dataset from high to low. (SVD Crime Count: Pale pink = low count, deep pink = high count) and (YP Population Size: Pale blue = low count, dark blue = high count).

Additional Datasets

Community Sport Provision



Active Communities & Sport for Good



Alex Varran

Active Communities

The role of this work is to use sport and physical activity to counter disadvantage and inequality by getting more people more active more often, and by reducing the inactivity gap between the least and most active including Hertfordshire's Refugees, Asylum Seekers, Ukrainian visitors and other arrivals.

Current opportunities:

- Career pathways.
- Increased community engagement.
- Increased outreach working to support targeted groups / networks / organisations with better access to sport and physical activity opportunities.



Sport for Good

- Hertfordshire Care Experienced and Service Experienced Young People.
- Hertfordshire Women's Refuge Network.
- HMP The Mount.
- Emmaus – Walking Football support.
- Herts Virtual School.

Current opportunities:

- Employment and career pathways.
- Leisure Pass discussions.
- Increased community outreach working to targeted groups / networks / organisations.



Exploring Your Talent & Workforce Development Needs



Jane Purday & Gillian McKenzie

Introductions & Overview



Careers &
Employability

Apprenticeships

Professional
Programmes
& CPD

Careers & Employment

A decorative graphic on the right side of the slide. It features a vertical red bar. A horizontal teal line extends from the left edge of the red bar to the left. A horizontal yellow line extends from the right edge of the red bar to the right. The background behind the red bar is a light purple gradient.

Types of Jobs

Part-time Jobs

- Majority of our students need part-time work
- Most part-time jobs will need to be accessible by public transport

Placements

- Around 9-12 months
- Recruit in same way as any other job
- Supported by University
- Around 60% of graduate salary
- Good talent pipeline

Work Experience

- Internships and Mentoring
- Short-term
- Develop skills
- Greater understanding of work-place
- Ideally relates to career goals

Graduate Jobs

- No fixed definition
- Can be part of a training scheme or just a job that needs a degree

Ways to Connect

Handshake

- Upload your vacancies
- Create Event
- Student Messaging

School Events/Projects/Mentoring

- Targeted
- Hackathons
- Assessed Projects
- Student conferences
- Site Visits
- Case Studies
- Networking Events

Careers Fairs

- Part-Time Fairs
- Graduate and Placement Job Fairs
- Online Jobs Fairs

Employer in a Lecture

- Targeted
- Employer Presentations (Timetabled Delivery in curriculum)
- Sector/Industry Spotlights
- Skills and professional development Workshops

Pop up Employer

- Pop-up stands in high traffic area
- Face-to-Face
- Best suited to employers recruiting from any discipline (though not exclusively)

Social Media and Digital Comms

- Instagram
- Newsletters
- Posts on 'module pages'
- Vacancies/Events highlighted in weekly jobs listing
- Raise company profile

**Learn more about
future Funding
Schemes to hire a
Student/Graduate
Internship.**

**Scan the QR code and
register your interest:**



Contact Details

Gill McKenzie: g.a.mckenzie@herts.ac.uk

General queries: recruit@herts.ac.uk

Apprenticeships & Professional Programmes

What is an Apprenticeship?

- A work-based programme that combines full-time work with an industry-designed qualification
- A rewarding job, a salary, and a recognised qualification
- Levels 2-7

	Level	Equivalent Education Level
Intermediate	2	GCSE
Advanced	3	A Level
Higher	4-7	Foundation degree and above
Degree	6-7	Bachelor's or Master's degree

What is the Apprenticeship Levy?

- Annual pay bill of £3m or more
- Charged at 0.5% of your annual pay bill
- Can only be used to fund apprenticeship training
- Fully funded training for apprentices aged 21 years or under
- Use it or lose it!

Smaller employers

- Can access co-investment funding
- Levy transfer

Key Features of the Apprenticeship

- Blends university study and workplace learning
- No upper age limit
- Apprentices achieve a recognised qualification with no debt
- Co-designed by employers
- Apprentices are paid a salary, but training cost covered by the apprenticeship levy or 95% by Government (100% funded if apprentice is 21 years or younger at the start of their training)
- 6 hours per week set aside for off the job training

Meet an Apprentice

- Maisie O'Shea
Football Development Officer Apprentice
- Hertfordshire Football Association

<https://amazingapprenticeships.com/meet-maisie/>





Why Recruit an Apprentice?

- We know that employers in the sector are struggling to appoint and retain staff
- Apprentices are committed for a fixed period
- Contributing to the development of staff
- Training mentors and line managers
- Become part of our employer partner network



Who is the Apprenticeship For?

- 18+ with A Levels, or BTEC qualification
- Aspiring managers, or those with some management experience
- Existing, or new staff
- Some example roles:
 - Deputy or Duty Manager
 - Operations Officer/Manager
 - Sport Development Officer
 - Community Sport Officer

Delivery and Assessment

Delivery:

- On-campus – Institute of Sport
- Online – Zoom and MS Teams
- Tutorials and progression reviews
- Seminars and workshops

Assessment:

- Essay writing
- Presentations
- Event creation and delivery
- Research and reflective work
- Group, and individual work

E-Portfolio Preparation



What Next?

- **Recruitment support**
 - Job description
 - Vacancy advertising
 - Shortlisting
 - Interview
 - Funding reservation
- **Next intake: September 2025**
Application deadline for apprentices: July 2025

Professional Programmes & CPD

- Flexible and accessible courses
- Options in Business, Health & Medicine and Art & Design
- Working with external providers, developing a CPD Marketplace for the region
 - Safety Assessment of Aircraft Systems (RGW Cherry & Associates)
 - CITB Leadership & Management in Construction (Reconstructing Minds)
- Bespoke courses, designed and delivered with employer partners
- Accredited and non-accredited options available
- Credit Accumulation & Transfer Scheme (C.A.T.S.)



Our Provision

Engineering

- Electrical and Electronics Engineer – Level 6
- Mechanical Engineer – Level 6
- Civil Engineer – Level 6

Leadership & Management

- Senior Leader (with optional MBA or MSc) – Level 7
- Senior People Professional (with optional MSc) – Level 7
- Chartered Manager – Level 6
(Business or Sports Business Management)
- Accounting Finance Professional - Level 6
(Subject to validation)

Data & Digital

- Digital Technology Solutions Professional – Level 6
(Various Specialist pathways)
- Data Scientist – Level 6

Healthcare

- Nursing Associate – Level 5
- Registered Nurse – Level 6
- Occupational Therapist – Level 6
- Social Worker – Level 6
- Dietetics – Level 6
- Radiographer – Level 6
- Speech & Language Therapist – Level 6
- Advanced Clinical Practitioner – Level 7

Questions?



LB416, Hutton Hub, College Lane



(0)1707 284791



recruit@herts.ac.uk (Careers)

apprenticeships@herts.ac.uk
(Apprenticeships)

[https://www.herts.ac.uk/courses/
apprenticeship-study](https://www.herts.ac.uk/courses/apprenticeship-study)



@UHCareers



@UniofhertsCE

Funding



Chris Samways

Areas of Interest



Newsletter

Updates on current
local and national
funding



Website

More regular and
live updates on
support & funding



Network

Buddle
Sported
CVS
Herts Community
Foundation

Funding4Sport – Bid Writing Service



Environmental Sustainability

Support sports clubs or organisations to help them access vital funds for their projects linked to environmental sustainability

[Link for more information](#)

Older Adults (50+)

Support organisations that would like to introduce more physical activity into the lives of the older adults

[Link for more information](#)

Key Information:

Based in Hertfordshire

Funding from National Lottery or Sport England movement fund.

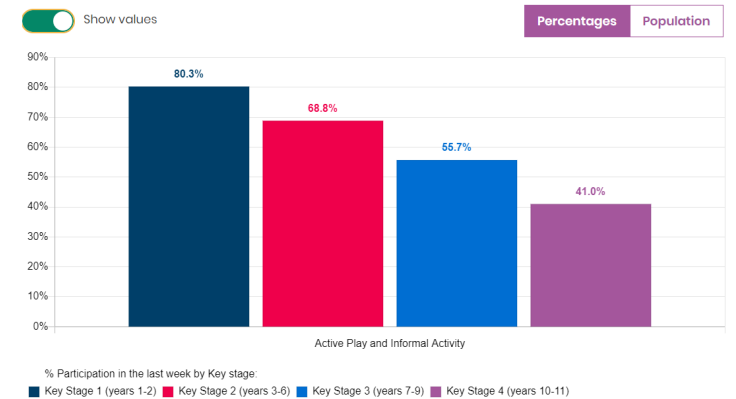
Maximum £15,000-20,000

Case Study and capture of learning from project



Top tips for funding

- **Check Priorities:** Ensure the fund's eligibility & priority aims align with your organisation and project's outcomes.
 - **Use Evidence:** Be needs-led and use proportionate evidence based on the funding level.
 - **Be Realistic:** Evaluation, budget and audience – make sure you are able to meet requirements
- 1 in 5 is considered an average success rate for grant funding
 - Engage with funders – before, during & after
 - Collaboration where it makes sense
 - Consider what happens beyond funding



Considerations for Funding

Types of Evidence

- Health
- Community
- Sport & Physical Activity

- National
- Regional
- Local

- Older Adults
- Children and Young People
- People with a Disability

Capture Impact

- Pre-activity survey
- Ongoing reflection
- Feedback from participants, parents/guardians & community leaders

- Video
- Case studies
- Images
- Statistics



Funding
Newsletter

Workforce & Training



Adrian Ledbury

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Vision



More People



More Active



More Often

Fit for purpose workforce

Fit for purpose organisation

Insight led

System change

Embracing technology & innovation

ENABLERS OF CHANGE

Coach Education Week 2025

Join us for a week of dynamic workshops, expert-led sessions, and hands-on training.



**17th - 23rd
February 2025**

EMPOWER YOURSELF. TRANSFORM YOUR COACHING. INSPIRE YOUR TEAM



Coach Education Week 2025

Disability Coaching Workshop

Join Inclusive United CIC for a workshop that covers the theory and practice of coaching disabled participants.



**18th February
2025**



**Herts Sports Village
Mosquito Way,
Hatfield, AL10 9EU**



1 pm - 3.30 pm

EMPOWER YOURSELF. TRANSFORM YOUR COACHING. INSPIRE YOUR TEAM





East Region

Sport Welfare

Webinar Series

Active Partnerships

Mental Health In Sport
Tuesday 28th January 7pm - 8:30pm

Disability Inclusion In Sport
Wednesday 30th April 7pm - 8:30pm

Bullying and Banter In Sport
Thursday 18th September 7pm - 8:30pm

Promoting Safeguarding through Social Media
Wednesday 26th November 7pm - 8:30pm

Save the date - Links to follow

<https://sportinherts.org.uk/inclusion-in-sport-learning-series-winter-2025-webinar-programme-n994>



Gender Bias in Sport and Physical Activity

Olivia Banton (She/her)
Senior Inclusion and Diversity
Consultant (Sport)



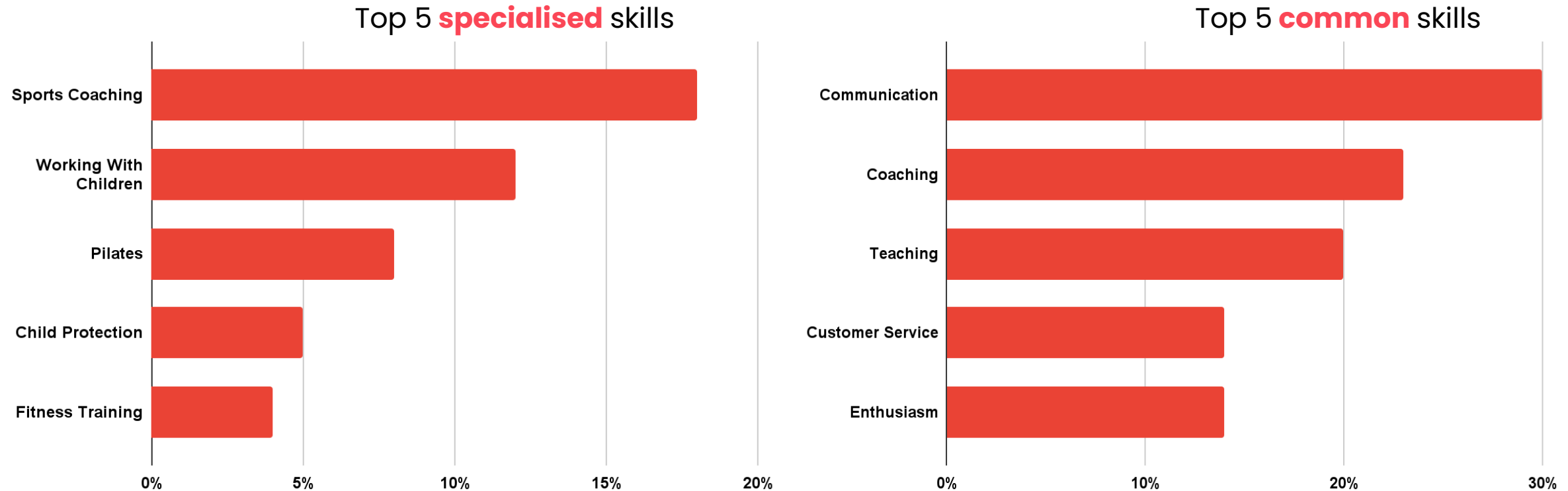
Stay up to date with all the HSP action...

Sign up to the HSP Monthly Newsletter [here](#) or use the QR code to the right of the screen.

Also please feel free to send Adrian any exciting news that we can feature in our newsletter or jobs you want promoted on our website.



Recruitment: Skills



Specialised skills are more tailored to the S&PA sector and typically include unique skills to S&PA job roles. Whereas, common skills are highly transferable skills, essential to many sector job roles. Over the last 12 months, 'Sports Coaching' has been the highest specialised skill desired by S&PA employers through job postings, appearing in 18% of job postings across Hertfordshire. Similarly, the top common skill over this period has been 'Communication'.



Wider workforce development work



Other Work Areas



Matt Rayner

Stay up to date with all the HSP action...

Active Connection

Embedding physical activity into local healthcare systems.

Herts Summer Parks

Teenage provision during summer holidays.

junior parkrun & parkrun

Advocacy for the events across Hertfordshire.

Active Environments

Designing places and spaces for active living.

Insight and Evaluation Tools

including HSP's story maps.

Placed Based working

Priority areas of Cowley Hill and Waltham Cross.

Early Years (0 to 5)

Movement play and physical activity in Early Years settings.

Herts School Games

Co-ordination of countywide programme.

Pre & Postnatal Activity

Resources and support to keep mums active.

Holiday Activity & Food Programme

Co-ordination of countywide HAPpy Camp programme.

Park Play

FREE 2hrs of fun and game on a weekend.

We Are Undefeatable in Herts

Supporting people with long-term health conditions

Stay up to date with all the HSP action...

Sign up to the HSP Monthly Newsletter [here](#) or use the QR code to the right of the screen.

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Thank you



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