



# Coach Education Week 2025

**February 17th - 23rd**



Herts  
**Sport &  
Physical  
Activity**  
Partnership

# Introduction

The Herts Sport & Physical Activity Partnership (HSP) runs Coach Education Week (CEW) annually.

The programme seeks to provide development opportunities for sports coaches, physical activity deliverers and others involved in the sport and physical activity sector.

The week-long programme, now in its 17th year, allows individuals to develop their skills, knowledge, and qualifications around a range of important issues including; safeguarding, mental health, dealing with challenging behaviour and inclusive practice.



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# In the run up to CEW

Click the title  
of a course to  
book

## An Evening with Alan Arber – Abuse Awareness Workshop

**Delivered by** – The Offside Trust

**Location** – University of Hertfordshire, Hatfield, AL10 9EU

**Date and Time** – Thursday 13th February, 7pm – 9pm

**Cost** – Free

## Strength and Conditioning Level 1 Workshop

**Delivered by** – Performance Herts

**Location** – Hertfordshire Sports Village, Hatfield, AL10 9EU

**Date and Time** – Saturday 15th February, 9am – 4:30pm

**Cost** – £80 per person

## ECB Core Coach Level 2 Qualification

**Delivered by** – Hertfordshire Cricket

**Location** – Chancellor's School, Hatfield AL9 7BN

**Date and Time** – **Must attend all dates**

- Sunday 16th February – 8:30am – 5pm
- Monday 17th February – 8:30am – 5pm
- Wednesday 19th February – 8:30am – 5pm
- Thursday 20th February – 8:30am – 5pm

**Cost** – £300 per person

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# Monday 17th February

## Junior Coach Award

**Delivered by** - Hertfordshire Football Association

**Location** - Samuel Ryder Academy, St Albans, AL1 5AR

**Time** - 10am - 2pm

**Cost** - £50 per person

## Reducing the Risk of Falls, Frailty and Dementia Webinar

**Delivered by** - Herts Sport & Physical Activity Partnership

**Location** - Online

**Time** - 11am - 12pm

**Cost** - Free

## Safeguarding and Protecting Children Qualification - For 16 and 17 Year Olds

**Delivered by** - UK Coaching Via Apex 360

**Location** - Online

**Time** - 11am - 1pm

**Cost** - Free

## Gender Identity - Inclusion in Sport

**Delivered by** - Inclusive Sport

**Location** - Online

**Time** - 11am - 12:30pm

**Cost** - Free



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# Monday 17th February

## Effective Communication and Building Relationships in Coaching

**Delivered by** - UK Coaching

**Location** - Online

**Time** - 2pm - 3:30pm

**Cost** - Free

## Spot the Signs - Suicide Prevention Workshop

**Delivered by** - MIND

**Location** - Online

**Time** - 6:30pm - 8:30pm

**Cost** - Free

## Inclusive Activity Programme

**Delivered by** - Activity Alliance

**Location** - University of Hertfordshire, Hatfield, AL10 9EU

**Time** - 6:30pm - 9:30pm

**Cost** - Free

## Women in Coaching - Coaching Clinic

**Delivered by** - Hertfordshire FA

**Location** - Samuel Ryder Academy, St Albans AL1 5AR

**Time** - 7pm - 8:30pm

**Cost** - Free

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# Tuesday 18th February

## Strength and Conditioning Level 2 Workshop

**Delivered by** - Performance Herts

**Location** - Hertfordshire Sports Village, Hatfield, AL10 9EU

**Time** - 9am - 4:30pm

**Cost** - £80 per person

## Drug and Alcohol Awareness for the Sport and Physical Activity Sector

**Delivered by** - DrugLink

**Location** - University of Hertfordshire, Hatfield, AL10 9EU

**Time** - 9:30am - 1:30pm

**Cost** - Free

## 1 Day Emergency First Aid at Work

**Delivered by** - Hertfordshire Sports Village

**Location** - Hertfordshire Sports Village, Hatfield, AL10 9EU

**Time** - 9:30am - 4:30pm

**Cost** - £80 per person

## Disability Coaching Workshop

**Delivered by** - Inclusive United CIC

**Location** - Hertfordshire Sports Village, Hatfield, AL10 9EU

**Time** - 1pm - 3:30pm

**Cost** - Free

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# Tuesday 18th February

## Introduction: Supporting People Living with Dementia

**Delivered by** - Alzheimers Society

**Location** - Online

**Time** - 2pm - 3pm

**Cost** - Free

## Safeguarding & Protecting Children Qualification

**Delivered by** - UK Coaching via APEX 360

**Location** - University of Hertfordshire, Hatfield, AL10 9EU

**Time** - 6:30pm - 9:30pm

**Cost** - Free

## Learning from Legendary Coaches - Joe Mazzulla

**Delivered by** - Dr David Turner

**Location** - University of Hertfordshire, Hatfield, AL10 9EU

**Time** - 6:30pm - 9:30pm

**Cost** - Free

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# Wednesday 19th February

## Embedding Falls Prevention Principles into Community Classes

**Delivered by** - Herts Sport & Physical Activity Partnership

**Location** - University of Hertfordshire, Hatfield, AL10 9EU

**Time** - 10am - 1pm

**Cost** - Free

## Safeguarding Adults Training

**Delivered by** - Ann Craft Trust

**Location** - University of Hertfordshire, Hatfield

**Time** - 6pm - 9pm

**Cost** - Free

## Plyometric Workshop

**Delivered by** - Performance Herts

**Location** - Hertfordshire Sports Village, Hatfield, AL10 9EU

**Time** - 6pm - 9pm

**Cost** - £40 per person

## From Self Criticism to Self Compassion

**Delivered by** - MIND

**Location** - Online

**Time** - 6:30pm - 8pm

**Cost** - Free





# Thursday 20th February

## 1 Day Emergency First Aid at Work

**Delivered by** - Hertfordshire Sports Village

**Location** - Hertfordshire Sports Village, Hatfield, AL10 9EU

**Time** - 9:30am - 4:30pm

**Cost** - £80 per person

## Safeguarding Adults Training

**Delivered by** - Ann Craft Trust

**Location** - University of Hertfordshire, Hatfield, AL10 9EU

**Time** - 10am - 1pm

**Cost** - Free

## The Experiences of Women with Yvonne Harrison

**Delivered by** - CEO of Women in Football

**Location** - Online

**Time** - 1pm - 2pm

**Cost** - Free

## Duty To Care Webinar - Where is the line?

**Delivered by** - UK Coaching

**Location** - Online

**Time** - 2pm - 3:30pm

**Cost** - Free

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# Thursday 20th February

## Olympic Weightlifting Masterclass

**Delivered by** - Performance Herts

**Location** - Hertfordshire Sports Village, Hatfield, AL10 9EU

**Time** - 2pm - 4pm

**Cost** - £30 per person

## Domestic Abuse Awareness in Sport

**Delivered by** - Diane Reed TASS

**Location** - Online

**Time** - 6:15pm - 7:45pm

**Cost** - Free

## Understanding Menopause and Mental Health

**Delivered by** - MIND

**Location** - Online

**Time** - 6:30pm - 8:30pm

**Cost** - Free

## Sports Nutrition and Performance

**Delivered by** - Dr Lindsay Kass

**Location** - University of Hertfordshire, Hatfield, AL10 9EU

**Time** - 7pm - 9pm

**Cost** - Free



# Friday 21st February

## Motivational Interviewing – Beginner

**Delivered by** – Tyler Edwards

**Location** – University of Hertfordshire, Hatfield, AL10 9EU

**Time** – 9am – 11am

**Cost** – Free

## Motivational Interviewing – Advanced

**Delivered by** – Tyler Edwards

**Location** – University of Hertfordshire, Hatfield, AL10 9EU

**Time** – 11am – 1pm

**Cost** – Free

## Agility Workshop

**Delivered by** – Performance Herts

**Location** – Hertfordshire Sports Village, Hatfield, AL10 9EU

**Time** – 9:30am – 12:30pm

**Cost** – £40 per person

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# Friday 21st February

## Safeguarding & Protecting Children Qualification

**Delivered by** - Uk Coaching via APEX 360

**Location** - University of Hertfordshire, Hatfield, AL10 9EU

**Time** - 10am - 1pm

**Cost** - Free

## Finding Your Feet – Judo Falls

**Delivered by** - Mike Callan

**Location** - Hertfordshire Sports Village, Hatfield, AL10 9EU

**Time** - 10am - 3pm

**Cost** - £65+ booking fee

## Speed Workshop

**Delivered by** - Performance Herts

**Location** - Hertfordshire Sports Village, Hatfield, AL10 9EU

**Time** - 1:30 PM - 4:30 PM

**Cost** - £40 per person

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# Saturday 22nd / Sunday 23rd February

## Boccia Leaders Award

**Delivered by** - Sport Structures

**Location** - Mount Grace School, Potters Bar, EN6 1EZ

**Date** - Saturday 22nd February 2025

**Time** - 1:30pm - 4:30pm

**Cost** - £45 per person

## Deaf Awareness Workshop

**Delivered by** - Every Deaf Support

**Location** - University of Hertfordshire, Hatfield, AL10 9EU

**Date** - Sunday 23rd February 2025

**Time** - 9:30am - 11am

**Cost** - Free

## Swim England Safeguarding in Aquatics Workshop

**Delivered by** - Sport Structures

**Location** - Hertfordshire Sports Village, Hatfield, AL10 9EU

**Date** - Sunday 23rd February 2025

**Time** - 11am - 2pm

**Cost** - £27 per person

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# Saturday 22nd / Sunday 23rd February

## Introduction to Coaching Basketball Award

**Delivered by** - Sport Structures

**Location** - Mount Grace School, Potters Bar, EN6 1EZ

**Date** - Sunday 23rd February 2025

**Time** - 11am - 3pm

**Cost** - £109 per person

## Deaf Awareness Workshop

**Delivered by** - Every Deaf Support

**Location** - University of Hertfordshire, Hatfield, AL10 9EU

**Date** - Sunday 23rd February 2025

**Time** - 1pm - 2:30pm

**Cost** - Free



# FAQ

Q

**Can I access the courses if I'm not in Hertfordshire?**

A

**Of course! Our courses are open to all clubs and coaches.**

Q

**Do you provide accredited courses?**

A

**Yes. We have multiple accredited courses on offer.**

Q

**Who can attend?**

A

**Anyone! Whether you are new to coaching or not, we have a course available for you.**

Q

**Are there courses online?**

A

**Yes! There are a mixture of online and in-person courses.**

Q

**What else can HSP offer me?**

A

**We can support you with safeguarding, funding and networking. [Check out more on our website.](#)**

Want more courses  
throughout the year?

Check out our [training  
courses page](#)



**Coach  
Education  
Week 2025**

Contact Charlie Mann for further information  
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