



Coach Education Week 2025

Online Courses February 17th – 23rd



Herts
Sport &
Physical
Activity
Partnership

Introduction

The Herts Sport & Physical Activity Partnership (HSP) runs Coach Education Week (CEW) annually.

The programme seeks to provide development opportunities for sports coaches, physical activity deliverers and others involved in the sport and physical activity sector.

The week-long programme, now in it's 17th year, allows individuals to develop their skills, knowledge, and qualifications around a range of important issues including; safeguarding, mental health, dealing with challenging behaviour and inclusive practice.



1

Online Courses

Click the title
of a course to
book

Reducing the Risk of Falls, Frailty and Dementia Webinar

Delivered by - Herts Sport & Physical Activity Partnership

Date - Monday 17th February

Time - 11am - 12pm

Cost - Free

Safeguarding and Protecting Children Qualification - For 16 and 17 Year Olds

Delivered by - UK Coaching Via Apex 360

Date - Monday 17th February

Time - 11am - 1pm

Cost - Free

Gender Identity - Inclusion in Sport

Delivered by - Inclusive Sport

Date - Monday 17th February

Time - 11am - 12:30pm

Cost - Free

2

Online Courses

Effective Communication and Building Relationships in Coaching

Delivered by - UK Coaching
Date - Monday 17th February
Time - 2pm - 3:30pm
Cost - Free

Spot the Signs - Suicide Prevention Workshop

Delivered by - MIND
Date - Monday 17th February
Time - 6:30pm - 8:30pm
Cost - Free

Introduction: Supporting People Living with Dementia

Delivered by - Alzheimers Society
Date - Tuesday 18th February
Time - 2pm - 3pm
Cost - Free

From Self Criticism to Self Compassion

Delivered by - MIND
Date - Wednesday 19th February
Time - 6:30pm - 8pm
Cost - Free

3

Online Courses

The Experiences of Women with Yvonne Harrison

Delivered by - CEO of Women in Football

Date - Thursday 20th February

Time - 1pm- 2pm

Cost - Free

Duty To Care Webinar - Where is the line?

Delivered by - UK Coaching

Date - Thursday 20th February

Time - 2pm - 3:30pm

Cost - Free

Domestic Abuse Awareness in Sport

Delivered by - Diane Reed TASS

Date - Thursday 20th February

Time - 6:15pm - 7:45pm

Cost - Free

Understanding Menopause and Mental Health

Delivered by - MIND

Date - Thursday 20th February

Time - 6:30pm - 8:30pm

Cost - Free

FAQ

Q

Can I access the courses if I'm not in Hertfordshire?

A

Of course! Our courses are open to all clubs and coaches.

Q

Do you provide accredited courses?

A

Yes. We have multiple accredited courses on offer.

Q

Who can attend?

A

Anyone! Whether you are new to coaching or not, we have a course available for you.

Q

Are there in-person courses too?

A

Yes! Check out our webpage for in person courses.

Q

What else can HSP offer me?

A

We can support you with safeguarding, funding and networking. [Check out more on our website.](#)

Want more courses
throughout the year?

Check out our [training
courses page](#)



**Coach
Education
Week 2025**

Contact Charlie Mann for further information
c.mann3@herts.ac.uk