

# HAPpy Learn & Share Winter 2024

## Presenter Biographies

### Speaker Profile



#### George Gearing

Development & Commissioning Manager, Family & Health Services  
Commissioning, Children Services  
Hertfordshire County Council

As Commissioning Manager for the HAPpy programme, George represents the HAF programme at a national Level on behalf of Hertfordshire.

### Speaker Profile



#### Jennie Rayson

Neurodiversity Services Manager  
ADD-vance (The ADHD and Autism Trust).

ADD-vance is a dedicated group of professionals, who also happen to be parents of Neurodivergent children. Their mission is to support Neurodivergent families and the professionals involved in their care. They want to increase understanding, provide support and change perceptions of these complex neurological conditions, so as to improve the wellbeing and reduce the social isolation of these young people and their families.

### Speaker Profile



#### Samantha Dholakia

Founder of SPD Tuition & Coaching  
SPD Tuition & Coaching

As a qualified Transformational Coach and NLP Practitioner with an ILM accreditation in Executive Coaching and Mentoring, Sam has dedicated my career to supporting individuals, families, and organisations in their growth and development. With a BA Hons Degree in Education and Teaching, a background in Health and Social Care, and a Diploma in Psychology, her approach is grounded in evidence-based strategies that deliver results.

## Speaker Profile



### Chris O'Connor

Service Manager | Supporting Families Development Team | Children's Services  
Hertfordshire County Council

### Serena Yearwood

Team Manager | Supporting Families Practice Team | Supporting Families  
Hertfordshire County Council



## Speaker Profile



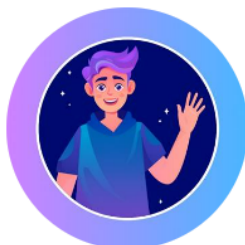
### Huma Abassi

Place officer – Sports & Physical Activity Communities & Leisure Services  
Dacorum Borough Council

Huma Abbasi has nearly 20 years of experience working with disadvantaged children and managing youth projects. She holds a degree in Communications, a Level 2 qualification in Understanding Children's and Young People's Mental Health, and led the HAF programme in Luton for 3 years, focusing on young people's well-being.

& Qualified Mental Health First Aider

## Speaker Profile



### Emma Sinclair

NHS Operations Manager, Mindler UK (The Sandbox)  
Mindler UK (The Sandbox & The Toolbox)

**Bianca Bear - Project Lead, Mindler UK**

## Speaker Profile



### Lauren Morley

Founder of Food & Mood Education  
Food & Mood Education

Founder of Food and Mood Education - Lauren is passionate about educating the younger generation on the impacts of Food on their Mental Health, with 12 years experience in the sector she is trained in Sport and Exercise nutrition science, and is an Ambassador for the children's food programme. She delivers sessions to schools, colleges and clubs across the country to help children and adults navigate their way through the modern world of food.

## Speaker Profile



### Katie Purcell

HAPpy Grants Manager  
Hertfordshire Community Foundation

You will be familiar with Katie as Grants Manager for HAPpy but she has a wealth of experience in the VCFSE sector and will expand on what else Hertfordshire Community Foundation has to offer