

**Hertfordshire Primary PE Conference Friday 12<sup>th</sup> January 2024**

Key		Primary PE Lead/Practitioner			Both Primary Headteacher and PE Lead/Practitioner		
8:15-9:00	9:00-10:30	Session A 10:45-11:45	12:00-12:45	Session B 1:00-2:00	2:00-2:15	Session C 2:15-3:15	Session D 3:15-3:45
Registration & Refreshments by the Auditorium	Opening Address – Ali Oliver MBE, CEO Youth Sports Trust & Kylie Grimes MBE Paralympian	PE and Sport Premium Reporting Emma Mackenzie-Hogg	Session Lunch and Marketplace in the Sports village	Gymnastics: Primary Teacher Workshop Max & Leah Whitlock B1	Changeover time /Comfort break	Gymnastics: Primary Teacher Workshop Max & Leah Whitlock C1	Question and Answer Session with Max Whitlock OBE
				Active Playgrounds Kim Henderson B2		Adapted PE Dr Niamh Mourton C2	
				Music as a Tool for Motivation and Encouraging Activity Helen Battelley B3		Instant Impacting Movement Ideas – Ideal for Boys Helen Battelley C3	
				School Games: Let's Reimagine Your Offer Ashley Hosier B4		How to Enjoy Teaching Engaging and Dynamic Dance Sarah Tyskerud C4	
				What makes High Quality Physical Education? Catherine Fitzpatrick B5		Assessment in Physical Education with a Focus on the Whole Child Catherine Fitzpatrick C5	
				Empowering Young People to Lead the Way in PE, School Sport & Physical Activity Dr Niamh Mourton B6		New to Leading PE Charlotte Moore C6	
				An Introduction to Physical Literacy Emma Mackenzie-Hogg B7		Supporting Mental Health and Wellbeing Through Movement Stormbreak C7	
				Gender Equity in PE Neil Moggan B8		Active 60: Practical Solutions and How to Influence Staff & Parents Ashley Hosier C8	
						Health and Safety in PE Kim Henderson C9	

## Workshops

**Primary PE Lead/Practitioner**

**Both Primary Headteacher and PE Lead/Practitioner**

10:45-11:45 Session A	Workshop Description
PE and Sport Premium Reporting	This is an ESSENTIAL guide for all Headteachers and PE subject leads to help you provide effective evidence of impact against the key indicators of the PE and school sport premium requirements in line with your schools' priorities and pupil need and consider how to review and reforecast as part of a robust, data informed academic cycle. Supporting your young people to: benefit physically, socially and emotionally from effective and impactful investment.
1:00-2:00 Session B	
Gymnastics Primary teacher workshop	Join Max and Leah Whitlock for an exciting practical Gymnastics Workshop. During this hands-on practical session, you'll receive a first-hand experience of what Max Whitlock Gymnastics for Schools is all about, as well as valuable insights and key points to take back to your school.
Active Playgrounds	This workshop will explore how you as the PE SL can support whole school development around a physically active culture in your school. with specific reference to the playground and support the 60 mins a day and physical competency agenda. We will consider a range of strategies including upskilling relevant adults and children, zoning, equipment and engage in some practical ideas to highlight our planning. We will also consider how to keep the momentum as many of us will have tried active playground ideas that have ebbed away after time - how can we ensure these strategies become embedded and part of our everyday lives in school
Music as a tool for motivation and encouraging activity.	This interactive workshop is specifically aimed at promoting engagement and motivation through the use of music from EYFS to KS2 Across society music is frequently used to engage shoppers in supermarkets, athletes during workouts, gyms to energise and festivals and celebrations for inclusivity and bonding. Find out how, using similar techniques, you can use music to engage learners.
School Games: Let's Reimagine Your Offer	This workshop will provide you the opportunity to reimagine the School Games and have a better understanding of the benefits and the three pledges that address national priorities and meet the needs relevant to your young people. We will also bring to life the new School Games Mark criteria that will enable your school to recognise their engagement against a national benchmark and to celebrate keeping young people active.
What makes High Quality Physical Education?	<ul style="list-style-type: none"> <li>• Identify the key features of a high-quality Physical Education lesson.</li> <li>• Watch and observe video footage from lessons, linking your observations to high quality teaching.</li> <li>• An opportunity to reflect on the Physical Education provision in your own setting.</li> <li>• Understand how high-quality Physical Education can challenge the personal development of the whole child.</li> </ul>

Empowering young people to lead the way in PE, School Sport & Physical Activity	How can we influence others to deliver consistent and regular high-quality PE? What strategies can work most effectively? This workshop will consider, share and discuss a range of possibilities - please come with an open mind and a positive attitude.
An Introduction to Physical Literacy	<b>This workshop will help you:</b> understand the critical role you play in impacting young peoples' physical literacy journey by learning how to nurture the connection between how we think, feel, move and connect with others during movement and physical activity. You'll unpick the concept of physical literacy, translating what it means and how it looks within your school environment. <b>Supporting your young people:</b> develop positive relationships with movement and physical activity, building the foundations for an active life.
Gender Equity in PE	Since the Lionesses won the Euros and became runners-up in the World Cup there has been a spotlight on ensuring equal access to a range of opportunities for Girls. This session will explore how you can actively design your curriculum to support gender equity, enabling both Girls, Boys and non-binary pupils to flourish in PE.
<b>2:15-3:15 Session C</b>	
Gymnastics Primary teacher workshop	Join Max and Leah Whitlock for an exciting practical Gymnastics Workshop. During this hands-on practical session, you'll receive a first-hand experience of what Max Whitlock Gymnastics for Schools is all about, as well as valuable insights and key points to take back to your school.
Adapted PE	This practical workshop will provide context to why we need to support pupils with additional support needs in Physical Education. We will explore how we can ensure every pupil is fully included in PE and will introduce and use some new Adaptive PE Cards, which will help provide teachers with a range of ideas within their planning and delivery of high-quality inclusive PE to adapt the learning to support all pupils needs.
Instant impacting movement ideas – ideal for boys	This workshop is exactly what is says...brimming with practical, easily replicable, activity ideas to support learning both in and out of the classroom. A practical session for EYFS to KS2
How to enjoy teaching engaging, dynamic Dance content	How to enjoy teaching engaging, dynamic Dance content. <ul style="list-style-type: none"> <li>• Explore developing motifs using action vocabulary.</li> <li>• How to use your skills set to teach Dance.</li> <li>• Look at specific topics, music and props to engage pupils.</li> <li>• How to build positivity and confidence through Dance appreciation.</li> </ul>
Assessment in Physical Education with a focus on the whole child	<ul style="list-style-type: none"> <li>• Take a close look at assessment associated with teaching Physical Education, Diagnostic, Formative and Summative.</li> <li>• Examine effective AFL at lesson level.</li> <li>• Understand ways we can formatively assess the 'Whole Child' through high quality Physical Education.</li> <li>• An opportunity to reflect on the way you currently assess in your own setting.</li> </ul>
New to Leading PE	<ul style="list-style-type: none"> <li>• Understand and map out your role as a subject leader.</li> <li>• Go through a clear and concise 'to do list' helping shape and organise your role as a subject leader.</li> </ul>

	<ul style="list-style-type: none"> <li>• Examine the 5 key areas of focus that make up high quality primary Physical Education provision.</li> <li>• Receive supporting documents and advise linked to each action on the 'to do list'.</li> <li>• Start to explore what makes High Quality Physical Education.</li> </ul>
Supporting mental health and wellbeing through movement	Join the stormbreak team to find out more about the work done by their charity to support the mental health and wellbeing of primary aged pupils up and down the country. Learn to create happier, healthier humans through equipping children aged 4-11 with the skills they need to recognise their emotions, respond to their feelings and regulate their behaviours as they grow. Discover how your school can use mentally healthy movement and become part of the stormbreak family.
Active 60: Practical Solutions and How to influence staff & parents.	This workshop will provide schools practical ideas to incorporate Active 60 into school life and how to engage wider school staff and parents on healthy active lifestyles. Together we will explore practical solutions that will help you raise awareness of the importance of an active lifestyle, hearing from others about the successes and challenges in their schools. It will allow time to action plan and prioritise your next steps with a practical toolkit to help as a starting point.
Health and Safety in PE	To provide an overview of the current ' Safe Practice in Physical Education, Sport and Physical Activity' - please bring your copy along if you have one. To answer your questions and clarify any issues.