



Coach Education Week 2025

February 17th - 23rd



Herts
**Sport &
Physical
Activity**
Partnership

Introduction

The Herts Sport & Physical Activity Partnership (HSP) runs Coach Education Week (CEW) annually.

The programme seeks to provide development opportunities for sports coaches, physical activity deliverers and others involved in the sport and physical activity sector.

The week-long programme, now in it's 17th year, allows individuals to develop their skills, knowledge, and qualifications around a range of important issues including; safeguarding, mental health, dealing with challenging behaviour and inclusive practice.



1

In the run up to CEW

Click the title
of a course to
book

An Evening with Alan Arber – Abuse Awareness Workshop

Delivered by – The Offside Trust

Location – University of Hertfordshire, Hatfield, AL10 9EU

Date and Time – Thursday 13th February, 7pm – 9pm

Cost – Free

Strength and Conditioning Level 1 Workshop

Delivered by – Performance Herts

Location – Hertfordshire Sports Village, Hatfield, AL10 9EU

Date and Time – Saturday 15th February, 9am – 4:30pm

Cost – £80 per person

ECB Core Coach Level 2 Qualification

Delivered by – Hertfordshire Cricket

Location – Chancellor's School, Hatfield AL9 7BN

Date and Time – **Must attend all dates**

- Sunday 16th February – 8:30am – 5pm
- Monday 17th February – 8:30am – 5pm
- Wednesday 19th February – 8:30am – 5pm
- Thursday 20th February – 8:30am – 5pm

Cost – £300 per person

2

Monday 17th February

Junior Coach Award

Delivered by - Hertfordshire Football Association

Location - Samuel Ryder Academy, St Albans, AL1 5AR

Time - 10am - 2pm

Cost - £50 per person

Reducing the Risk of Falls, Frailty and Dementia Webinar

Delivered by - Herts Sport & Physical Activity Partnership

Location - Online

Time - 11am - 12pm

Cost - Free

Safeguarding and Protecting Children Qualification - For 16 and 17 Year Olds

Delivered by - UK Coaching Via Apex 360

Location - Online

Time - 11am - 1pm

Cost - Free

Gender Identity - Inclusion in Sport

Delivered by - Inclusive Sport

Location - Online

Time - 11am - 12:30pm

Cost - Free

3

Monday 17th February

Spot the Signs – Suicide Prevention Workshop

Delivered by – MIND

Location – Online

Time – 6:30pm – 8:30pm

Cost – Free

Time to Listen – Welfare Officer Training

Delivered by – UK Coaching Via Apex 360

Location – Online

Time – 6:30pm – 9:30pm

Cost – Free

Inclusive Activity Programme

Delivered by – Activity Alliance

Location – University of Hertfordshire, Hatfield, AL10 9EU

Time – 6:30pm – 9:30pm

Cost – Free

Women in Coaching – Coaching Clinic

Delivered by – Hertfordshire FA

Location – Samuel Ryder Academy, St Albans AL1 5AR

Time – 7pm – 8:30pm

Cost – Free

4

Tuesday 18th February

Strength and Conditioning Level 2 Workshop

Delivered by - Performance Herts

Location - Hertfordshire Sports Village, Hatfield, AL10 9EU

Time - 9am - 4:30pm

Cost - £80 per person

Drug and Alcohol Awareness for the Sport and Physical Activity Sector

Delivered by - DrugLink

Location - University of Hertfordshire, Hatfield, AL10 9EU

Time - 9:30am - 1:30pm

Cost - Free

1 Day Emergency First Aid at Work

Delivered by - Hertfordshire Sports Village

Location - Hertfordshire Sports Village, Hatfield, AL10 9EU

Time - 9:30am - 4:30pm

Cost - £80

Disability Coaching Workshop

Delivered by - Inclusive United CIC

Location - Hertfordshire Sports Village, Hatfield, AL10 9EU

Time - 1pm - 3:30pm

Cost - Free

5

Tuesday 18th February

Introduction: Supporting People Living with Dementia

Delivered by - Alzheimers Society

Location - Online

Time - 2pm - 3pm

Cost - Free

Safeguarding & Protecting Children Qualification

Delivered by - UK Coaching via APEX 360

Location - University of Hertfordshire, Hatfield, AL10 9EU

Time - 6:30pm - 9:30pm

Cost - Free

Learning from Legendary Coaches - Joe Mazzulla

Delivered by - Dr David Turner

Location - University of Hertfordshire, Hatfield, AL10 9EU

Time - 6:30pm - 9:30pm

Cost - Free

6

Wednesday 19th February

Embedding Falls Prevention Principles into Community Classes

Delivered by - Herts Sport & Physical Activity Partnership

Location - University of Hertfordshire, Hatfield, AL10 9EU

Time - 10am - 1pm

Cost - Free

Safeguarding Adults Training

Delivered by - Ann Craft Trust

Location - University of Hertfordshire, Hatfield

Time - 6pm - 9pm

Cost - Free

Plyometric Workshop

Delivered by - Performance Herts

Location - Hertfordshire Sports Village, Hatfield, AL10 9EU

Time - 6pm - 9pm

Cost - £40 per person

From Self Criticism to Self Compassion

Delivered by - MIND

Location - Online

Time - 6:30pm - 8pm

Cost - Free



Thursday 20th February

1 Day Emergency First Aid at Work

Delivered by - Hertfordshire Sports Village

Location - Hertfordshire Sports Village, Hatfield, AL10 9EU

Time - 9:30am - 4:30pm

Cost - £80

Safeguarding Adults Training

Delivered by - Ann Craft Trust

Location - University of Hertfordshire, Hatfield, AL10 9EU

Time - 10am - 1pm

Cost - Free

The Experiences of Women with Yvonne Harrison

Delivered by - CEO of Women in Football

Location - Online

Time - 1pm - 2pm

Cost - Free

Olympic Weightlifting Masterclass

Delivered by - Performance Herts

Location - Hertfordshire Sports Village, Hatfield, AL10 9EU

Time - 2pm - 4pm

Cost - Free

8

Thursday 20th February

Domestic Abuse Awareness in Sport

Delivered by - Diane Reed TASS

Location - Online

Time - 6:15pm - 7:45pm

Cost - Free

Understanding Menopause and Mental Health

Delivered by - MIND

Location - Online

Time - 6:30pm - 8:30pm

Cost - Free

Sports Nutrition and Performance

Delivered by - Dr Lindsay Kass

Location - University of Hertfordshire, Hatfield, AL10 9EU

Time - 7pm - 9pm

Cost - Free



Friday 21st February

Motivational Interviewing – Beginner

Delivered by – Tyler Edwards

Location – University of Hertfordshire, Hatfield, AL10 9EU

Time – 9am – 11am

Cost – Free

Motivational Interviewing – Advanced

Delivered by – Tyler Edwards

Location – University of Hertfordshire, Hatfield, AL10 9EU

Time – 11am – 1pm

Cost – Free

Agility Workshop

Delivered by – Performance Herts

Location – Hertfordshire Sports Village, Hatfield, AL10 9EU

Time – 9:30am – 12:30pm

Cost – £40 per person

10

Friday 21st February

Safeguarding & Protecting Children Qualification

Delivered by - Uk Coaching via APEX 360

Location - University of Hertfordshire, Hatfield, AL10 9EU

Time - 10am - 1pm

Cost - Free

Finding Your Feet – Judo Falls

Delivered by - Mike Callan

Location - Hertfordshire Sports Village, Hatfield, AL10 9EU

Time - 10am - 3pm

Cost - £65+ booking fee

Speed Workshop

Delivered by - Performance Herts

Location - Hertfordshire Sports Village, Hatfield, AL10 9EU

Time - 1:30 PM - 4:30 PM

Cost - £40 per person

11

Saturday 22nd / Sunday 23rd February

Boccia Leaders Award

Delivered by - Sport Structures

Location - Mount Grace School, Potters Bar, EN6 1EZ

Date - Saturday 22nd February 2025

Time - 1:30pm - 4:30pm

Cost - £45 per person

Deaf Awareness Workshop

Delivered by - Every Deaf Support

Location - University of Hertfordshire, Hatfield, AL10 9EU

Date - Sunday 23rd February 2025

Time - 9:30am - 11am

Cost - Free

Swim England Safeguarding in Aquatics Workshop

Delivered by - Sport Structures

Location - Hertfordshire Sports Village, Hatfield, AL10 9EU

Date - Sunday 23rd February 2025

Time - 11am - 2pm

Cost - £27 per person

12

Saturday 22nd / Sunday 23rd February

Introduction to Coaching Basketball Award

Delivered by - Sport Structures

Location - Mount Grace School, Potters Bar, EN6 1EZ

Date - Sunday 23rd February 2025

Time - 11am - 3pm

Cost - £109 per person

Deaf Awareness Workshop

Delivered by - Every Deaf Support

Location - University of Hertfordshire, Hatfield, AL10 9EU

Date - Sunday 23rd February 2025

Time - 1pm - 2:30pm

Cost - Free

FAQ

Q

Can I access the courses if I'm not in Hertfordshire?

A

Of course! Our courses are open to all clubs and coaches.

Q

Do you provide accredited courses?

A

Yes. We have multiple accredited courses on offer.

Q

Who can attend?

A

Anyone! Whether you are new to coaching or not, we have a course available for you.

Q

Are there courses online?

A

Yes! There are a mixture of online and in-person courses.

Q

What else can HSP offer me?

A

We can support you with safeguarding, funding and networking. [Check out more on our website.](#)



Want more courses
throughout the year?

Check out our [training
courses page](#)



**Coach
Education
Week 2025**

Contact Charlie Mann for further information
[**c.mann3@herts.ac.uk**](mailto:c.mann3@herts.ac.uk)