

Help to manage the cost of living

HertsHelp

Trained advisors offering free, confidential advice on local services and support

Call: 0300 123 4044
Email: info@hertshelp.net
www.hertshelp.net

Community spaces

Find a community space near you, locations all across Hertfordshire

www.hertfordshire.gov.uk/communityspaces

Mental health

Advice and support for your happiness, wellbeing and mental health

www.hertfordshire.gov.uk/mentalhealth

Money and benefits advice

Free guides on debt and benefits, disability, bereavement, housing, retirement and carer support

www.hertfordshire.gov.uk/moneyadvice

Citizens Advice

Free, local and confidential advice on benefits, money and credit problems, employment, housing and family issues

Call: 0800 144 8848

Help for households

Central government is offering support with energy bills, transport, childcare and household costs

www.helpforhouseholds.campaign.gov.uk

We're
with you
this winter

See all of the support, advice and services available to help you stay safe and well. Visit:
www.hertfordshire.gov.uk/winter-help,
call 0300 123 4044 or scan the QR code

