TEAM PROGRESS CARD

Name	Fitness 1	Fitness 2	Fitness 3	Fitness Imp	Agility 1	Agility 2	Agility 3	Agility Imp	Shooting 1	Shooting 2	Shooting 3	Shooting Imp
Team Total												

In these three skills you are trying to reduce your time.

Timed Team Total			
Fitness Team Total	Agility Team Total	Shooting Team Total	Total Team Improvement

Shooting

Remember - if one or more shots is missed add a total of 10 seconds to your time. (NOT 10 seconds for each missed shot)

Name	Passing 1	Passing 2	Passing 3	Passing Imp	Defence 1	Defence 2	Defence 3	Defence Imp	Control 1	Control 2	Control 3	Control Imp
Team Total												

In these three skills you are trying to increase your score.

Scored Team Total			
Passing Team Total	Defence Team Total	Control Team Total	Total Team Improvement

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