

Bronze Task List	Completed
Can you create a game within your own home? What are the rules to the game? Could you teach the game to your parents or siblings?	
Can you teach your parents how to stay healthy? Can you teach them how much exercise you need to do a day? What makes a healthy diet? You might need to do some research!	
Can you plan a competition that you could play with your family or run when you are back at school?	
Learn a new skill at home. This could be something as simple as trying to kick a ball, putt a golf ball or throwing into a target.	
Can you now teach your new skill to a parent or a sibling?	
Create a plan for a club that you could deliver when you are back at school.	
Create a schedule on what you can do to help your parents. Try to follow your schedule as best as you can!	
Create a week worth of challenges to complete at home. Can you try them again the next week and improve on your scores?	