

Inclusive Sport and Physical Activity

Herts Disability Sport Framework 2017 – 2021

Key focusses were identified as:

- Workforce
- Facilities
- Quality Assurance
- Participation
- Marketing and Communications



Herts Inclusive Facilities Audit

Includes the following sections:

- Entry from the carpark
- Entrance and reception
- Accessible toilets and changing areas
- Swimming pool and poolside
- Gym / fitness areas
- Communal areas and café
- Access to outside sports facilities
- Signage
- Marketing and communications
- Website
- Policy and procedures
- Management
- Emergency evacuation
- Programming and participation



Herts Inclusive Facilities Audit

This audit is designed to help you find out how accessible your facility is for users with a disability.

This audit can be used as a self-assessment tool, or if wished, with a visit from a Herts Disability Sports Foundation officer can be used to gain a Herts accreditation.

If you are making changes to your buildings, have a think about not just the minimum Building standards and Regulations that are required, but what works in practice. We are here to help!

To gain the bronze award you must meet the criteria with the smiley face in the bronze column.

To gain the silver award, you must meet the criteria in the bronze and silver columns.

To gain the gold award, you must meet the criteria in all 3 columns.

Example	B	S	G	N/A
A person in a wheelchair can access the centre?	☺	☺	☺	
Is signage in lower case? (not block capitals)		☺	☺	
Are grab rails in showers, changing rooms and toilets colour contrasted?			☺	

Some things will not be applicable to your centre. For example, if you do not have a trampoline, we do not expect you to have trampoline steps with hand rails.

A lot of supporting information can be found in the Sport England Access for All: Opening doors – A guide to support your sports club to improve access for disabled people



Courses - Coach Education Week 2020

- Introduction to Coaching People with Disabilities
- Adaptive Games & Constraints Led Coaching
- Introduction to Autism and ADHD
- Safeguarding Adults in Sport
- Level 2 Certificate in Coaching Wheelchair Rugby
- Introduction to Wheelchair Sports
- Access for all – Inclusive communications
- **What courses do you want in Herts?**

Herts Coach
Education Week

15-23 February 2020

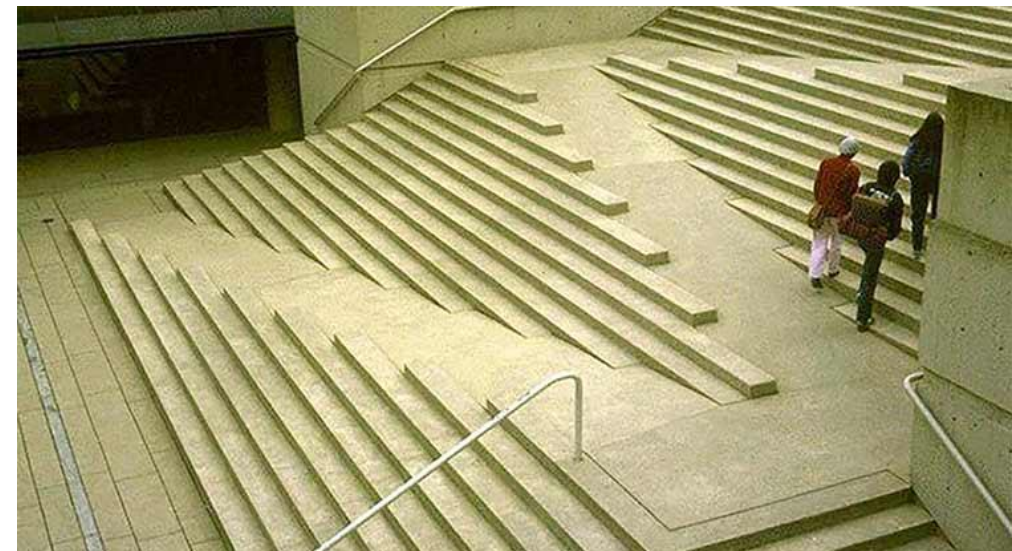




What are the barriers?

v

Can we take away / reduce the barriers?



Workshop challenge: Explore ways that organisations can work together to motivate and encourage people with a disability to take part in sport and physical activity

Basic to do list for project

- Need identified
- Delivery partners identified
- Venue partners identified
- Audience reaching partners identified
- Training for staff
- Bookings and admin
- Delivery
- Evaluation



Example of successful partnership working - SEND Bikeability

Need identified by parents

Delivery partners identified HCC cycle training

Venue partners identified - Numerous

Audience reaching partners identified – SPACE, parents and carers groups

Training for HDSF staff with Herts Cycling

Bookings and admin systems agreed

Delivery by HDSF & HCC

Evaluation by HDSF



Could you be a piece in the puzzle?

