

How inclusive is the School Games provision in your school and how do you know?



Complete the Inclusive Health Check (IHC)

What is it?

- It is a resource that has been designed in partnership with the English Federation of Disability Sport and allows you to **self-review** your provision of **inclusive** School Games opportunities.
- It takes the form of a simple self-review made up of just 20 questions which all require no more than a yes/no answer.
- There is no pass/fail associated with the IHC. Once you submit your answers the only thing to happen is that you will be provided with a **personalised action plan** and **top tips** to support you in the future.



Why complete it?

- The process and the questions are a great way to help you **reflect** on your current school games offer and how inclusive this is for all young people in your SGO area. It will help you identify **strengths** and also establish the **areas for development**.
- You will be **signposted** to additional resources and given top tips to support you in the next steps of ensuring your sport provision is inclusive for all.
- Going through the process yourself will put you in a better position to **support and advise** your schools when you are encouraging them to complete their own IHC.
- Completing the suggested actions can lead to **increased opportunities** and **increased participation** by all young people including SEND students.

How do I do it?

- Log in to your SGO dashboard on the School Games Website.
- Click on **Start the questionnaire** (see below) and start the process by answering yes or no to each of the questions. You can complete it all in one go or complete one section at a time, saving it as you go through.
- The process can take just a matter of minutes to complete. Once you submit your answers you can see your personalised action plan and download a copy to use it to inform your future planning and provision. If you need extra support with your action plan you can contact your Development Coach or Lead Inclusion School.

Six simple steps

- 1 **Log in** to your **SGO dashboard** at www.yourschoolgames.com
- 2 Look for **Your Inclusive Health Check** at the bottom
- 3 Click on **Start the questionnaire**
- 4 **Answer** yes or no to the **twenty questions**
- 5 **Be honest with your answers.** Remember this is not pass or fail, it is simply a self-review
- 6 **Submit your answers** and **wait for your action plan and top tips** to appear on your dashboard.

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Having been through the process myself I felt much more confident in supporting my schools and asking them to complete the IHC.”

Rebecca D'Arcy —SGO, East Riding

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Completing the IHC sparked some good discussion with other SGOs leading us to make changes to our Level 2 competitions to ensure we cater for children with SEND.

Emma Turnbull — SGO, Northfield School

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Completing the IHC prompted me to get some advice from my local Lead Inclusion School and I now feel more confident that my offer is more inclusive for the young people I work with.

Teresa Scully — SGO, Mayfield School

The screenshot shows the School Games website dashboard. At the top, there's a navigation bar with 'Dashboard', 'Events', 'Your School', 'Resources', and 'School Games Mark'. Below this, there are sections for 'LATEST NEWS' with three articles, 'YOUR EVENTS' with 'Upcoming Events' and 'Past Events' tabs, 'YOUR STATS' with three boxes showing '0 Intra-school events held this academic year', '0 Participations in our intra-school events this year', and '1 Inter-school event participated in this academic year'. There are also 'LATEST BLOGS' and 'RESOURCES' sections. The 'YOUR SCHOOL GAMES MARK' section shows the next application window opening in May 2018 and a 2016/2017 bronze ranking. The 'YOUR INCLUSIVE HEALTH CHECK' section shows the current status for 2017/2018 as 'Not started - Start the questionnaire' and for 2016/2017 as 'Complete - View your action plan'.

