

NICE Guidelines

NICE stands for National Institute for Health & Care Excellence. The role of NICE identifies good practice using the best available evidence-based information for health, public health and social care professionals.

NICE provides Public Health guidelines that combines comprehensive sets of recommendations based on the best available evidence. These guidelines describe what is effective, what is the cost effective and are developed to guide decisions made about health and care (for practitioners, providers, commissioners, service planners and users).

For further information on the process and development of the NICE guidelines, click here to read [Developing NICE guidelines: the manual](#)

NICE Obesity Publications

QS94: [Obesity in children and young people; prevention and lifestyle weight management programmes](#) (July, 2015)

CG189: [Obesity: identification, assessment and management](#) (November, 2014)

PH42: [Obesity: working with local communities](#) (2012)

CG43: [Obesity prevention](#) (Dec, 2006)

NICE Physical Activity Publications

QS84: [Physical activity: encouraging activity in all people in contact with the NHS](#) (March, 2015)

PH54: [Exercise Referral schemes to promote physical activity](#) (Sept, 2014)

PH44: [Physical activity: brief advice for adults in primary care](#) (May, 2013)

PH41: [Physical activity: walking and cycling](#) (November, 2012)

PH17: [Physical activity for children and young people](#) (January, 2009)

NICE Workplace health Publications

NG13: [Workplace health: management practices](#) (June, 2015)

PH13: [Physical activity in the workplace](#) (May, 2008)

NICE Older population health Publications

NG16: [Dementia, disability and frailty in later life – mid-life approaches to delay or prevent onset](#) (October, 2015)

QS86: [Falls in older people](#) (March, 2015)

PH16: [Mental wellbeing in over 65s: occupational therapy and physical activity interventions](#) (October, 2008)

NICE Diabetes Overview

NG18: [Diabetes \(type 1 and type 2\) in children and young people: diagnosis and management](#) (Aug, 2015)

NG17: [Type 1 diabetes in adults: diagnosis and management](#) (Aug, 2015)

NG3: [Diabetes in pregnancy: management from preconception to the postnatal period](#) (Feb, 2015)

PH38: [Type 2 diabetes: prevention in people at high risk](#) (July, 2012)

PH35: [Type 2 diabetes prevention: population and community-level interventions](#) (May, 2011)