

## Social media messaging

To track the relaunch's success, we request that all organisations utilise the hashtag **#GetMovingMove** in every message you share.

We encourage you to use the following messaging, or variations thereof, at the suggested date from Friday 1st February. Please ensure to include **#GetMovingMore.** 

In any messaging shared, please remember to tag @Sportinherts and @

Date	Image	Message
4 <sup>th</sup>	New	The Herts Sport and Physical Activity's Moving More
February	Logo	Programme is gearing up for a relaunch!
		Get ready to explore a world of free fitness and wellbeing activities tailored just for you. Stay tuned for details!
		#GetMovingMore
5 <sup>th</sup> February		Did you know the Moving More Programme is all about making physical activity accessible to everyone in Hertfordshire?
		From yoga to group workouts, we've got it all covered! Join us in building a healthier and happier community. #GetMovingMore
8 <sup>th</sup> February		Worried about the cost of fitness?
		The Moving More Programme is committed to providing FREE access to various physical activities for all Hertfordshire residents.
		Together, let's break down the barriers to a healthier lifestyle. #GetMovingMore
13 <sup>th</sup> February		Your wellbeing is our priority.
,		The Moving More Programme believes that money should never be a barrier to a healthy lifestyle.





	Tag a friend and spread the word about some of the
	physical activity classes in Hertfordshire.
	The message is clear - #GetMovingMore
15 <sup>th</sup>	Dive into the world of fitness variety with Moving More!
February	
	Our programme offers a diverse range of exercise
	options, from calming yoga sessions to high-energy group workouts.
	group workouts.
	What's your preferred way to get moving? Let us know in
	the comments!
	#GetMovingMore
20 <sup>th</sup>	Ready to try something new?
February	, ,
	The Moving More Programme introduces exciting and
	diverse exercise options to Hertfordshire residents!
	Discover the joy of movement with our engaging classes
	led by local fitness experts.
COnd	#GetMovingMore
22 <sup>nd</sup> February	We believe in the power of collaboration.
robradiy	Moving More is partnering with organisations, community
	centres, and businesses to create an active Hertfordshire.
	Head to the website for updates on the latest sessions.
	rieda to the website for apaates on the latest sessions.
	#GetMovingMore
27 <sup>th</sup>	We are thrilled to be building connections with local
February	communities.
	Our partnerships with the Moving More Activity Finder
	continue to create a supportive environment for physical
	activity.
	Let's connect for a healthier and happier Hertfordshire.
	#GetMovingMore

