

HAPpy Training Calendar - WINTER 2023

OCTOBER

30th (Mon) - 1 Day Emergency Fist Aid at Work 09:30-16:30

NOVEMBER

2nd (Thurs) - 1 Day Emergency Fist Aid at Work 09:30-16:30

9th (Thurs) - Engaging Women & Girls 18:00-21:00 (Online)

13th (Mon) - 1 Day Emergency Fist Aid at Work 09:30-16:30

15th (Wed) - Safeguarding for Participants **aged**

16-17 years, 18:30-20:30 (Online)

16th (Thurs) - 1 day Emergency **Paediatric** First Aid 09:30-16:30

20th (Mon) - 1 Day Emergency Fist Aid at Work 09:30-16:30

21st (Tues) - Autism/ASD Awareness 19:00-21:00 (Online)

25th (Sat) - Multi Skills Activator 10:00-13:00 *Venue TBC - SAVE THE DATE*

30th (Thurs) - 1 Day Emergency Fist Aid at Work 09:30-16:30

30th (Thurs) - Understanding & Managing Challenging Behaviour, 09:30-11:30 (Online)

DECEMBER

2nd (Sat) - 1 day Emergency **Paediatric** First Aid 09:30-16:30

4th (Mon) - 1 Day Emergency Fist Aid at Work 09:30-16:30

6th (Wed) - ADHD Awareness 09:30-11:30 (Online)

7th (Thurs) - 1 Day Emergency Fist Aid at Work 09:30-16:30

11th (Mon) - Safeguarding for Participants **aged 18+,** 09:30-12:30

12th (Tues) - Youth Mental Health First Aid 18:00-21:00 (Online)

14th (Thurs) - 1 Day Emergency Fist Aid at Work 09:30-16:30

18th (Mon) - Supporting Neurodivergent Children & Young People with Activity Transitions,

19:00-21:00 (Online)

JANUARY

25th (Thurs) - Safeguarding Level 3 09:30-17:30 *Venue TBC - SAVE THE DATE*













ON DEMAND

Unconscious Bias

Safeguarding Level 2 (for participants aged 18+)

Gender Identity and Expression

Mental Health Awareness

Food Safety & Hygiene (Level 2)

Food Allergy Awareness

Risk Assessments

Control of Substances Hazardous to Health (COSHH)

Health and Safety Awareness

NEW Disability Awareness & Inclusion

NEW Neurodiversity Awareness

NEW Diabetes Training for Schools & Carers

NEW Epilepsy Training for Schools & Carers

NEW Emergency First Aid at Work
REFRESHER

NEW Introduction to Adverse Childhood Experience's & Early Trauma



BOOK NOW!

Access or book all your courses online at <u>www.courses.sportinherts.org.uk</u>

Resources and further information can be found online at

www.sportinherts.org.uk/happy

Contact **hsptraining@herts.ac.uk** for any queries or support with HAPpy Training

Information up to date as of 23/10/23 - course dates may be subject to change











